

John Kendall ... "Teach the Technique Not Just the Piece" "Be Your Own Sevcik"

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Unit Practice Panel
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Prepare ... Old Technique to the New ... Ex. Bowing Preparation

Musical notation for sections A, B, and C. Section A starts at measure 1, B at measure 5, and C at measure 9. Each section contains a sequence of notes with bowing marks (V) and slurs.

Slow tempo first. Then work to fast tempo.

Pattern Practice ... Practice Loops with pauses.

Musical notation for sections D and E. Section D starts at measure 9 and E at measure 13. Both sections feature a pattern of notes with bowing marks and slurs, followed by a pause.

Practice Loops with connecting outline

Musical notation for sections F and G. Section F starts at measure 13 and G at measure 17. Both sections feature a pattern of notes with bowing marks and slurs, followed by a connecting outline.

Pattern Practice and Approach to the Pattern

Divide and Conquer

Musical notation for sections H and I. Section H is labeled "Left hand" and I is labeled "Bow". Both sections feature a sequence of notes.

Musical notation for section J, labeled "Combination". It features a sequence of notes with bowing marks and slurs.

Sevcik Style:

First in Quarter, then 8th then 16th notes.

Build your endurance: 4x Rule.

Ex. (Twice in the piece = 8x in practice.)

"Stop and Start" or "Stop, Think, Go"

Action and Style Down, Lift, Set

20 **K**

Half Pattern Loops

24 **M**

Whole Pattern Loops

Compose Your Own ...

26 **N** **O**

Motion and Change (Practice connections between pattern or bow use change.)

28 **P**

Expand Your Technique

32 **Q**

35

38