

*unit practice steps*

**1**  
one bow per note staccato

Musical notation for step 1: one bow per note staccato. It shows a treble clef staff with a 4/4 time signature. The first four measures contain quarter notes, each with a staccato mark. The next four measures contain eighth notes with staccato marks. The final two measures contain beamed eighth notes with staccato marks. A second staff below shows a continuous eighth-note pattern.

**2**  
hiccups

**3**  
doubles

**4**  
slurred staccato

**5**  
accents

Musical notation for step 4: slurred staccato. It shows a treble clef staff with a 4/4 time signature. The first two measures contain eighth notes with slurs and staccato marks. The next two measures contain eighth notes with accents and staccato marks. The final two measures contain eighth notes with accents and staccato marks.

Musical notation for step 5: accents. It shows a treble clef staff with a 4/4 time signature. The first two measures contain eighth notes with accents and staccato marks. The next two measures contain eighth notes with accents and staccato marks. The final two measures contain eighth notes with accents and staccato marks.

**6**  
tenutos

continue same as accents


Musical notation for step 6: tenutos. It shows a treble clef staff with a 4/4 time signature. The first two measures contain eighth notes with tenutos and staccato marks. The next two measures contain eighth notes with tenutos and staccato marks. The final two measures contain eighth notes with tenutos and staccato marks.

**7**  
overlap bowing

Musical notation for step 7: overlap bowing. It shows a treble clef staff with a 4/4 time signature. The first two measures contain eighth notes with overlap bowing. The next two measures contain eighth notes with overlap bowing. The final two measures contain eighth notes with overlap bowing.

# 9 FAMILIES OF UNIT PRACTICING

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- 1st The four step family 1) One bow per note staccato - memorize the passage  
2) Hiccups - quick fingers  
3) Doubles - small bow and faster each time  
4) If a series of notes, (a run) is being worked on then *up bow* or *down bow staccato* would be helpful
- 2nd Use different bowings - ( 2+2, 3+1, 1+2+1, etc. - overlapped bowing)
- 3rd *Tenuto* or  - hold on different notes. Example: hold the 1st note, then the 2nd, then the 3rd, etc.
- 4th Accent on different notes
- 5th Rhythms
- 5th Tapping fingers - example: a running finger pattern such as 13143321, would be played 1 open 3 open 1 open 4 open etc.
- 7th Forwards and backward practicing - (play passage forwards, then backwards).
- 8th Permutations - (reorganizing finger patterns or sequences)
- 9th "Add a pearl necklace club"-add a note to a sequence each time - **NOTE, DO NOT** attempt to continue adding notes until previous notes are in tune!  
**CONSEQUENCES MAY VARY!**



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